

JACK'S

BAR & GRILL

APPETISERS

Small but tasty dishes to stimulate your appetite

HOUMOUS & FLAT BREAD	(V) £4.00	MARINATED OLIVES & FETA CHEESE	(GF)(V) £3.50
DEEP FRIED CALAMARI RINGS	£5.95	TEMPURA KING PRAWNS	£6.95
HOME MADE BREAD & DIPS	(V) £4.95	STICKY CHIPOLATAS	(GF)£4.95

ALL £3.95

STARTERS

DORITOS CRUSTED CHICKEN TENDERS	£6.95
Deep fried jalapenos, homemade BBQ sauce	
FRESHLY MADE SOUP OF THE DAY	(V) £4.95
Warm crusty bread	
JACK'S MEATBALLS	(GF)£6.95
Lamb meatballs, apricot chutney & tzatziki foam	
HALLOUMI KEBABS	(V) £5.95
Herby-lemon giant couscous	
SALT & PEPPER CHICKEN WINGS	£6.25
Chili, ginger & garlic	
HOMEMADE NACHOS	(V) £5.95
Fresh salsa, guacamole & soured cream	
JACK'S BBQ SLOW-COOKED RIBS	(GF)£6.95

JACK'S CLASSICS

NORTH ATLANTIC COD	(GF)£14.50
Mash, savoy cabbage & pancetta	
PANFRIED SEABASS FILLETS	(GF)£16.95
Bubble & squeak, wilted greens & sauce vierge	
BEER-BATTERED FISH & CHIPS	£11.50
Mushy peas, tartare sauce & lemon wedge	
POTATO GNOCCHI	(V) £11.95
Mediterranean veg & Provençal sauce	
WILD MUSHROOM RISOTTO	(GF)(V)£11.95
Peas, tarragon, shaved parmesan & wild roquette	

SIDES

CREAMED MASHED POTATO	(V)(GF)
SEASONAL VEGETABLES	(V)(GF)
GREEN BEANS & SHALLOTS	(V)(GF)
GARLIC BREAD	(V)
ONION RINGS	(V)
HANDCUT CHIPS	(V)(GF)
ROQUETTE & PARMESAN SALAD	(V)(GF)
CAJUN SPICED FRIES	(GF)(V)
SWEET POTATO WEDGES	(V)(GF)

SAUCES

PEPPERCORN SAUCE	(V)(GF)
DIANE SAUCE	(V)(GF)
GARLIC BUTTER	(V)(GF)
RED WINE SAUCE	(V)(GF)
	ALL £2.00

FROM THE GRILL

All our carefully selected steaks are aged for 28 days and come served with grilled tomato, mushroom, onion rings, chopped salad & house chips.

8oz FILLET	£25.95
A tender cut of beef taken from the small end of a tender loin	
10oz SIRLOIN	£18.50
A lean, well-flavoured steak cut from the back of the animal	
10oz RIBEYE	£19.50
A rich steak cut from the rib, generous marbling throughout	
GOURMET MIXED GRILL	£23.95
6oz Sirloin, bacon chop, marinated chicken skewer, Cumberland sausage, fried egg, onion rings, grilled tomato, flat-cap mushroom & skinny fries	
<i>*GF OPTION WITHOUT ONION RINGS</i>	
PIRI PIRI CHICKEN SKEWERS	(GF)£14.50
Spicy rice, sweet potato wedges & salad	
10oz SWEET CURED BACON CHOP	(GF)£14.95
Chunky chips, fried egg, pineapple & peas	

GOURMET BURGERS

CAJUN SPICED CHICKEN BURGER	£12.95
Cajun skinny fries, halloumi, chorizo & deli slaw	
JACK'S BEAN BURGER	(V) £10.95
Crisp green salad, skinny fries, lime yogurt & salsa	
8oz JACK'S SIGNATURE BEEF BURGER	£12.95
Fat chips, maple-glazed bacon, melted cheese, baby gem lettuce, tomato, red onion & coleslaw	

JACK'S

BAR & GRILL

THE GUT BUSTER

£15.95

8oz Homemade beef burger, southern fried chicken breast, sliced bacon chop, fried onions & melted cheese. Served with loaded fries

BACON DOUBLE CHEESE

£12.95

2 4oz Homemade beef burgers, relish, melted cheese, maple glazed bacon & deli slaw. Served with hand cut chips.

THE PABS

£12.95

3 Succulent chicken tenders, crispy bacon, melted cheese, onion rings, piri mayonnaise & deli slaw. Served with hand cut chips
