

JACK'S

BAR & GRILL

STARTERS

HOMEMADE SOUP OF THE DAY , fresh bread (V)(GF available)	£5.95
THAI STYLE FISHCAKES , chilli, ginger & garlic. (GF)	£6.95
CHARGRILLED LAMB KOFTA , minted sour cream. (GF)	£6.95
JACK'S MEZZE PLATTER , olives, humus, med veg couscous, feta cheese, warm pitta bread & balsamic dip. (V)	£7.95
CRISPY VEGETABLE SPRING ROLL , stir fry vegetables & sweet chilli sauce. (V)	£5.95
SLOW COOKED BBQ RIBS. (GF)	£6.95
SALT & PEPPER CHICKEN WINGS.	£6.25
LEMON & GARLIC KING PRAWNS , toasted sourdough. (GF available)	£6.95
HOMEMADE NACHOS , salsa, guacamole & sour cream. (V)	£5.95

FROM THE GRILL

All our carefully selected steaks are aged for 28 days and come served with grilled tomato, mushroom, onion rings, chopped salad & house chips. (All GF without onion rings)

8oz FILLET , a tender cut of beef taken from the small end of a tender loin.	£25.95
10oz SIRLOIN , well-flavoured steak cut from the back of the animal.	£18.95
10oz RIBEYE , a rich steak cut from the rib, generous marbling throughout.	£19.50
GOURMET MIXED GRILL , 8oz sirloin, bacon chop, marinated chicken skewer, Cumberland sausage, fried egg, onion rings, grilled tomato, flat-cap mushroom & skinny fries.	£23.95
PIRI-PIRI SKEWERS , mediterranean vegetable couscous, piri skinny fries & house salad.	£14.50
CHARGRILLED CHICKEN BREAST , sweet potato mash, green beans & tender stem broccoli.	£13.95

GOURMET BURGERS

CAJUN SPICED CHICKEN BURGER , Cajun skinny fries, halloumi, chorizo & deli slaw.	£13.95
JACK'S BEANS BURGER , crisp green salad, skinny fries, lime yoghurt & salsa. (V)	£10.95
8oz JACK'S SIGNATURE BEEF BURGER , fat chips, maple-glazed bacon, melted cheese, shredded gem lettuce, tomato, red onion, relish & coleslaw.	£12.95
THE GUT BUSTER , 8oz homemade beef burger, southern fried chicken breast, sliced bacon chop, fried onions & melted cheese. Served with loaded fries.	£15.95
BACON DOUBLE CHEESE BURGER , 2 x 4oz homemade burgers, fat chips, relish, melted cheese, maple glazed bacon & deli slaw.	£12.95
THE PABS , 3 succulent chicken tenders, crispy bacon, melted cheese, onion rings, piri mayonnaise & deli slaw. Served with skinny fries.	£12.95

JACK'S

BAR & GRILL

JACK'S CLASSICS

NORTH ATLANTIC COD, BLT risotto, lemon vinaigrette.(GF)	£14.95
PAN FRIED SEABASS FILLETS, bubble & squeak, wilted greens & sauce vierge. (GF)	£14.95
POTATO GNOCHI, Mediterranean veg, provencal sauce. (V)	£11.95
WILD MUSHROOM RISOTTO, peas, parmesan & wild roquette. (V)(GF)	£11.95
THAI GREEN CURRY, noodles coated in aromatic homemade green curry & coconut sauce. (V)	£10.95

+ Add whole chicken breast £4 + Add 5 king prawns £4

SIDES & SAUCES

SWEET POTATO MASH (GF)(V)	£3.95
CREAMED MASHED POTATO (V)(GF)	£3.95
SEASONAL VEGETABLES (GF)(V)	£3.95
GREEN BEANS & SHALLOTS (GF)(V)	£3.95
GARLIC BREAD (V)	£3.95
ONION RINGS (GF)(V)	£3.95
HANDCUT CHIPS (GF)(V)	£3.95
PEPPERCORN SAUCE (GF)(V)	£2.00
DIANNE SAUCE (GF)(V)	£2.00
GARLIC BUTTER (GF)(V)	£2.00
RED WINE SAUCE (GF)(V)	£2.00

JACK'S DESSERTS

VANILLA CHEESECAKE, mango glaze & vanilla ice-cream	£5.95
STICKY TOFFEE PUDDING, toffee sauce & ice-cream.(V)	£5.95
WARM CHOCOLATE BROWNIE, marshmallows, honeycomb, ice-cream & chocolate sauce.	£5.95
LEMON POSSET, crushed meringue & shortbread biscuit.(V)(GF <i>without biscuit</i>)	£5.95
JACK'S SIGNATURE CHEESEBOARD, selection of cheeses, crackers, grapes & chutney	£6.95

Allergen information provided is a guideline only, please make your server aware of any allergens you have & we can provide relevant information on the dish.

All dishes & desserts are made in house by allergen trained staff.